### COVID-19 Employee Health Self-Screening

Monitor your health each day prior to reporting to work. If you begin to show symptoms of COVID-19, do not report to work and contact your supervisor.

# Section 1: In the last 14 days, have you developed any of the following symptoms that are new/different/worse from baseline of any chronic illness:

Subjective fever (felt feverish):	🗆 Yes	□ No	
New or worsening cough:	🗆 Yes	🗆 No	
Shortness of breath or difficulty breathing:	🗆 Yes	🗆 No	

## Section 2: In the last 14 days, have you developed any of the following symptoms that are new/different/worse from baseline of any chronic illness:

Chills:	🗆 Yes	🗆 No	
Headache:	🗆 Yes	🗆 No	
Sore throat:	🗆 Yes	🗆 No	
Loss of smell or taste:	🗆 Yes	🗆 No	
Runny nose or congestion:	🗆 Yes	🗆 No	
Muscle aches:	🗆 Yes	🗆 No	
Abdominal pain:	🗆 Yes	🗆 No	
Fatigue:	🗆 Yes	🗆 No	
Nausea:	🗆 Yes	🗆 No	
Vomiting:	🗆 Yes	□ No	
Diarrhea:	🗆 Yes	🗆 No	
Current Temperature:			

#### DISCLAIMER: This screening tool is subject to change based on the latest information on COVID-19

If you answer <u>YES</u> to any of the symptoms listed in *Section 1*, OR <u>YES</u> to two or more of the symptoms listed in *Section 2*, OR your temperature is **100.4°F or higher**, please do not go into work. Self-isolate at home and contact your primary care physician's office for direction.

- You should isolate at home for minimum of 10 days since symptoms first appear or per guidance of the Livingston County Health Department (LCHD).
  - If diagnosed as a probable COVID-19 or test positive, call LCHD and make them aware of your diagnosis or testing status.
- You must also have 24 hours without a fever and improvement in symptoms.

### In the past 14 days, have you:

Had close contact with an individual diagnosed with COVID-19?	□ Yes	🗆 No	
Traveled?	🗆 Yes	🗆 No	

If you answer <u>YES</u> to either of these questions, please do not go into work. Self-quarantine at home for 14 days. Contact your primary care physician's office if you have symptoms or have had close contact with an individual for evaluation. If you are given a probable diagnosis or test positive call your local health department to ensure they are aware.